

George McCloskey, PhD, is a Professor and Director of School Psychology Research in the School for Professional and Applied Psychology at PCOM and holds Diplomate status with the American Academy of Pediatric Neuropsychology. Based on more than 35 years of research and experience working with children, adolescents and adults exhibiting executive control difficulties, Dr. McCloskey has developed a comprehensive model of executive control that can be used to assess executive strengths and challenges and guide intervention efforts. He frequently presents both internationally and nationally. He consults with a number of school districts and private schools nationwide and overseas on issues related to assessment and intervention for improving students' executive control in the classroom and at home. Dr. McCloskey is the lead author of the books Assessment and Intervention for Executive Function Difficulties and Essentials of Executive Functions Assessment, and his most recent writing on interventions for executive function and executive skills difficulties appears in Chapter 10 of the book Essentials of Planning, Selecting, and Tailoring Interventions for Unique Learners. He is co-author with his wife, Laurie McCloskey, of the children's educational book The Day Frankie Left His Frontal Lobes at Home. He also is the author of the McCloskev Executive Functions Scales (MEFS). available from Schoolhouse Press.

See www.georgemccloskeyphd.com

#### **Speaker Disclosures:**

**Financial:** George McCloskey has no relevant financial relationships with ineligible organizations. He receives a speaking honorarium from MAK Continuing Education, LLC, Cape Cod Institute.

Non-financial: George McCloskey has no relevant non-financial relationships with ineligible organizations.

# George McCloskey, PhD

#### Intervention for Child and Adolescent Executive **Function Difficulties**

Monday - Friday: 9:00a.m. - 12:30p.m. EDT | 30-Minute Break Daily | 15-Hour Course **Delivery Format: In-Person Only** 

In this course, George McCloskey - widely admired for the clarity, comprehensiveness, and warmth of his teaching style - will help participants gain a deeper understanding of executive functions and of the ways executive function deficits impact the behavior and academic performance of children and adolescents.

Participants will gain state-of-the-art knowledge of the most effective ways to help children and adolescents improve their use of executive functions and executive skills. Ways to discuss executive functions with children, parents, and school staff will be offered, as well as ways to help motivate children and adolescents to ensure their participation in efforts to help them. Special emphasis will be placed on how to orient students to intervention efforts and help them move from being externally controlled to internally self-regulated through the use of bridging strategies. Case study examples of assessment and intervention efforts and outcomes with children and adolescents will be discussed throughout the presentation.

Participants will leave this workshop energized and with a renewed sense of purpose, a greater knowledge of how to improve executive functions and executive skills, and a greater realization of how they can have a positive effect on the children, parents and professionals with whom they work.

# **Course Agenda**

#### **Monday:**

- **Defining Executive Control**
- A comprehensive model of Executive Functions
- Executive Functions vs. Automaticity

#### **Tuesday:**

- Learning vs. Producing: Executive Functions and Production
- **Intervention Mindset**
- Continuum for Strengthening Executive Functions

#### Wednesday:

- **Motivation and Executive Functions**
- **Orienting Strategies**
- **External Control Strategies**

#### **Thursday:**

**Bridging Strategies** 

#### **Friday:**

- **Internal Self-Control Strategies**
- **Executive Functions Development**
- **Executive Functions and Clinical Diagnoses**
- **Progress Monitoring to Document Change**

#### George McCloskey, PhD | Intervention for Child and Adolescent Executive Function Difficulties August 5-9, 2024

# **Course Objectives**

Upon completion of this course participants will be able to:

- Define executive control, executive functions, and executive skills
- Discuss a comprehensive model of executive functions
- Discuss the development of executive functions during childhood and adolescence
- Describe how executive control can vary based on domains of functioning
- 5. Explain how executive control can vary based on arenas of involvement
- Discuss the roles of executive control in classroom learning and production and everyday behavior
- 7. Discuss the relationship of executive functions to childhood psychopathology
- Plan intervention strategies based on the continuum for strengthening executive control
- Discuss the planning, implementation, and outcome assessment of school-, clinic-, and home-based interventions

# **Continuing Education**

Course Content Level: beginner, intermediate, and advanced. This course is open, and content is, suitable for all clinicians and learning levels, beginning, intermediate and advanced.

Intervention for Child and Adolescent Executive Control Difficulties, Course # 5628, is approved by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program to be offered by MAK Continuing Education, LLC, Cape Cod Institute as an individual course. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE course approval period: 5/6/2024-5/6/2026. Social workers completing this course receive 15 clinical continuing education credits.

Please see the CE section on the **individual course page** for a full listing of CE course approvals.

For a full list of continuing education approval statements please visit https://www.cape.org/ce-credit

# **Tuition, Registration & Course Formats**

# **Registration:**

Visit **www.cape.org** to register for our In-Person & Live-Online course offerings. All major credit cards are accepted. No cash or check payments will be accepted.

#### **Course Formats:**

**In-Person Course Format:** Monday through Friday from 9:00a.m. to 12:30p.m. EDT with a 30-minute break.

**In-Person Location:** 

Nauset Regional Middle School, 70 MA-28, Orleans, MA 02653

#### **Live-Online Course Format:**

Interactive synchronous online: Live-Online sessions are held via Zoom Meetings Monday-Friday mornings from 9:00a.m. - 12:30p.m. EDT, with a 30-minute break. Live-Online courses will include opportunities for interaction with colleagues and faculty members via group discussions, break-out groups, and Q&As.

System requirements: • Operating Systems: Windows XP or higher, MacOS 9 or higher, Android 4.0 or higher • Internet Browser: Internet Explorer 9.0 or higher, Google Chrome, Firefox 10.0 or higher • Broadband Internet connection: Cable, High-speed DSL & any other medium that is internet accessible

#### **Tuition:**

**In-Person Course:** 

Early Tuition Rate: \$700 (through 04/01/2024)

**Full Tuition: \$750** 

Full-time graduate students, doctoral students, and resident physicians must upload documentation at the time of registration to qualify for a reduced tuition of \$575 for in-person courses.

#### **Live-Online Course:**

Early Tuition Rate: \$575 (through 04/01/2024)

**Full Tuition: \$625** 

Full-time graduate students, doctoral students, and resident physicians must upload documentation at the time of registration to qualify for a reduced tuition of \$450 live-online courses.

# **Veteran Affairs Employees:**



MAK Continuing Education, LLC, Cape Cod Institute is vendorized in SAMS in station 703. Active-duty and retired military members are eligible for 10% off. Please upload your military ID / verification at the time of registration and you will automatically get the discounted rate.

# **Cancellation & Refund Policy**

**Up until two weeks (14 days) prior to your course start date:** For cancellations (in person & online), you will receive a full refund less \$50 cancellation fee.

**Within two weeks:** If you give notice between fourteen and one day(s) before your course start date a credit for a 2024 Cape Cod Institute program is available. Credit may be applied to any 2024 or 2025 Cape Cod Institute course. There will be no price reduction for switching to a live-online course within two weeks of the course start date.

**Once your course begins:** No credit or refund is available if you cancel on the arrival day, if you do not show up, or if you leave an event early for any reason. No refund will be available if you attend a program and are dissatisfied with its presentation or content. If you need to leave for any reason, no partial credit can be given.

You can notify our staff of your cancellation at **info@cape.org** or by calling + 1 (203) 781-6492.

Please visit **https://www.cape.org/policies** for more information.

# **Continuing Education Information**

Full attendance of in-person and live-online courses is required to meet the standards of accrediting organizations. No partial credits will be provided. CE certificates are distributed by email for both in-person and live-online courses following the conclusion of your 15-hour course, confirmation of full attendance, and completion of an online evaluation form.

You will receive additional details regarding the online evaluation process at the end of your assigned course. Evaluations must be submitted within three weeks of the end date of your course. You will receive a copy of your certificate of attendance with detailed CE approval statements, once you submit your evaluation. Please check with your regulating body/ organization that this certificate is sufficient proof for you to claim continuing education credits/credit hours/clock hours/ contact hours.

Most courses are eligible for 15 credits/credit hours/clock hours/contact hours. Exclusions will be listed on individual course pages as well as below. Please check individual course pages for course learning objectives.

All courses are open and suitable for all clinicians and learning levels, beginning, intermediate and advanced unless otherwise noted on the course page.

Please contact your licensing board to determine your continuing education requirements and check for reciprocal approvals.

# **Continuing Education Approvals:**

Current continuing education approvals for MAK Continuing Education, LLC, Cape Cod Institute are listed on our website: https://www.cape.org/ce-credit

You can also contact our staff with any CE-specific questions at + 1(203) 781-6492 or info@cape.org.

# **Travel Information**

All in-person sessions are held at the Nauset Regional Middle School at 70 MA-28, Orleans, Massachusetts. Orleans is a 2-hour drive from Boston or Providence (expect traffic delays on Saturdays). There are scheduled flights from Boston and Providence to Hyannis, a 40-minute drive to Orleans. A car is needed for full access to lower Cape Cod. Biking around Orleans is easily done via the rail trail, and local buses between towns are available.

Cape Cod is about 70 miles long, and 75 miles from Logan Airport in Boston and Green Airport in Providence, Rhode Island. Driving distances to the Lower and Outer Cape are:

Boston 77 miles; Providence 77 miles; New York City 245 miles; Montreal 355 miles.

Please visit our travel page for specific directions, lodging and travel information: https://www.cape.org/travel

## **Contact Information**

**Cape Cod Institute Administration** MAK Continuing Education, LLC 2 Belden Ave PO Box 2225 Norwalk, CT 06852

Phone: + 1 (203) 781-6492 | Fax: + 1 (860) 499-3267

E-mail: info@cape.org

Please contact us by email or phone with any questions regarding accessibility accommodations, questions, or concerns.



Now in our 44th year, the Cape Cod Institute is a series of week-long CE courses held in the summer and taught by leading contributors to knowledge and practice. Our courses are designed for health and mental health professionals, as well as OD and HR practitioners, educators at all levels, and any profession that applies behavioral science to practice.

# **JULY 1-AUGUST 23, 2024**

#### **JULY 1-5, 2024**

#### Janina Fisher, PhD

Transforming Trauma-Related Resistance and Stuckness

In-Person & Live-Online

#### Rubin Naiman, PhD, FAASM

Healing Our Sleep, Dreams, and Consciousness: An Integrative Approach In-Person & Live-Online

#### LaTonya Wilkins, PCC, MBA

Belonging: Fostering Psychological Safety and Below the Surface Leadership in Organizations, Clients, and Yourself

In-Person & Live-Online

#### **JULY 8-12, 2024**

### Lana Epstein, MA, LICSW

Putting It All Together: Combining Somatic and Ego-State Therapies with EMDR to Change the Valence of Emotional Memories

In-Person & Live-Online

#### **Barry Prizant, PhD, CCC-SLP**

Understanding and Supporting Autistic and Neurodivergent Individuals through the Uniquely Human Lens

In-Person & Live-Online

#### Licia Sky, BFA

Embodied Awareness: The Art of Presence and Attunement In-Person Only

#### Bessel van der Kolk, MD

Frontiers of Trauma Treatment In-Person & Live-Online

#### **JULY 15-19, 2024**

#### Sebastian Barr, PhD

Affirming and Effective Work with Trans and Nonbinary Adolescents and Young Adults In-Person & Live-Online

#### **James Hawkins, PhD, LPC**

Facilitating the Function of Attachment in Distressed Adult Romantic Relationships: An Emotionally Focused Therapy (EFT) Framework In-Person & Live-Online

#### Stewart Levine, JD

Building a Culture of High Performance Sustainable Collaboration: Mindset and Tools In-Person Only

# Richard Schwartz, PhD & Jeanne Catanzaro, PhD

Internal Family Systems Workshop
In-Person & Live-Online

#### **JULY 22-26, 2024**

#### **Deb Dana, LCSW**

Polyvagal Theory in Therapy: Practical Applications for Treating Trauma

In-Person & Live-Online

# John Forsyth, PhD & Jamie Forsyth, PhD

Harnessing the Transformative Power of Mindful ACT Therapy: How to Live Well When Life is Hard In-Person & Live-Online

#### Flint Sparks, PhD

Growing Up and Waking Up: Applied Mindfulness in Psychotherapy and Buddhist Practice In-Person Only

#### Cece Sykes, LCSW, ACSW

Internal Family Systems and Compassion for Addictive Processes In-Person & Live-Online

#### **JULY 29-AUGUST 2, 2024**

#### Margaret Blaustein, PsyD

Fostering Resilience in Trauma Impacted Youth through Attachment, Regulation, and Competency In-Person & Live-Online

# Diana Fosha, PhD, Kari Gleiser, PhD, & Ben Medley, LCSW, with Molly Eldridge, LICSW

"HOT" Topics in AEDP™
In-Person & Live-Online

#### Franklin King, MD

The Promise of Psychedelics: A Critical Look at the Therapeutic Potential of Psychedelic-Assisted Treatments

In-Person & Live-Online

#### Juliet King, PhD, ATR-BC, LPC, LMHC

Arts & the Brain: Evidence-Based Therapeutic Arts Interventions for Optimal Health & Well-Being In-Person Only

#### **AUGUST 5-9, 2024**

#### Harville Hendrix, PhD, Helen LaKelly Hunt, PhD, Carol Kramer, LICSW, & Joanne Audyatis, LMHC

IMAGO: Proven Strategies for Helping Couples Move from Conflict to Connecting In-Person & Live-Online

#### Deborah Korn, PsyD

EMDR Therapy and the Treatment of Complex PTSD in Adult Survivors of Childhood Abuse and Neglect In-Person & Live-Online

#### **AUGUST 5-9, 2024**

#### George McCloskey, PhD

Intervention for Child and Adolescent Executive Function Difficulties
In-Person Only

#### Maria Sirois, PsyD

Paradoxes in Resilience: Leveraging Moments of Grief, Illness, Hardship and Sudden Change to Accelerate Growth

In-Person & Live-Online

#### **AUGUST 12-16, 2024**

#### **Bob Anderson**

The Journey of Conscious Leadership In-Person Only

#### **Edward Hallowell, MD**

Unwrapping the Gifts: A Strength-Based Approach to ADHD Across the Life Span In-Person & Live-Online

#### **Donald Meichenbaum, PhD**

Addressing Issues of Violence and Aggression in Individuals and Communities: Development, Prediction, and Intervention In-Person & Live-Online

#### Ronald D. Siegel, PsyD

What Clinicians Need to Know about Non-Ordinary States: Mindfulness, Compassion, & Psychedelic-Assisted Psychotherapy In-Person & Live-Online

#### **AUGUST 19-23, 2024**

#### Amanda Blake, PhD

Embodied Intelligence at Work: Leveraging Mind-Body Science to Enhance Professional Performance In-Person Only

#### Mary-Frances O'Connor, PhD

The Grieving Brain: The Surprising Science of How We Learn from Love and Loss In-Person & Live-Online

#### Jonah Paquette, PsyD

Positive Psychology 2.0: Creating a Life of Meaning, Purpose, and Connection In-Person & Live-Online

#### Eboni Webb, PsvD, HSP

Dialectical Behavior Therapy (DBT): Effective Tools for Navigating Trauma and Attachment in Complex Clients Across the Lifespan In-Person & Live-Online

All courses are suitable for all clinicians and learning levels, beginning, intermediate, and advanced unless otherwise noted.

For a complete list of CE approval statements, please visit: <a href="www.cape.org/ce-credit">www.cape.org/ce-credit</a>